



UNEARTHED FESTIVAL

PROGRAM

JUNE
16TH - 18TH
2023
PEMBROKESHIRE

UNEARTHED FESTIVAL

MAP 2023



FOOD	MASSAGE
TOILETS	WELFARE
SHOWERS	PARKING
SAUNA	STALLS



MA3N ARENA

STEPPEN ROOTS (MAIN STAGE)



Steppen Roots is the original and mighty main stage of Unearthed. Musically focused on a multi genre lineup. From global legends to soon-to-be big up and coming acts, the performances are chosen not based on Youtube views, but does their music fit the vibe and is it consciously uplifting in some way.



STEPPEN ROOTS STAGE

FRIDAY

11:00 Cosmic Smiles

12:00 India Blue

13:30 Suzi MacGregor

15:00 Samana

16:30 Stick In the Wheel

18:00 Get the Blessing

19:00 Tim Rees & Dan Messore a few words.

19:30 Aleighcia Scott

21:00 Da Fuchaman

22:30 Henge

00:00 Quanta

00:00 DreamFaerie

Wholly Moses - In between Sets

Cosmic Smiles Compère

Mainstage Dancers

Omega Rose & Robin Tiger Rose



STEPPEN ROOTS STAGE

SATURDAY

11AM Richard Down

12:00 Annie Gardiner

13:30 Rona Mac

15:00 Sky Barkers

16:30 Faith I Branko

18:00 TLK

19:30 Xaman X

21:00 TC & The Groove Family

22:30 Dawn Penn

00:00 Mad Professor

Uncle Funk- In between Sets

Cosmic Smiles Compère



STEPPEN ROOTS STAGE

SUNDAY

11AM Island Records And The Part It's Played In
The Legacy Of Black Music. Talk with Marc
Marot with Tim Rees.

12:00 Phil King

13:30 Mari Mathias

15:00 River Roots

16:30 Potts Music

18:00 6161

19:30 The Scribes

21:00 Waldo's Gift

22:30 Los Pulpos Del Diablo

Nathan Stardust - Inbetween Sets

Cosmic Smiles Compère



THE HENGE

(CENTRE OF THE MAIN ARENA)



In and around the wooden henge we will be hosting open and closing ceremonies as well as a variety of daily workshops from circus activities, aerial hoop workshops, didgeridoo workshops and more. Open to all to come and get involved with



THE HENGE

FRIDAY

11:00 Opening Ceremony (Temple Tent, Temple Arena)

10:00 Aerial Circus Workshops

12:00 Pyxies Circus Workshops

14:00 Didgeridoo Workshops with Bart Bagnall

SATURDAY

10:00 Aerial Circus Workshops

12:00 Pyxies Circus Workshops

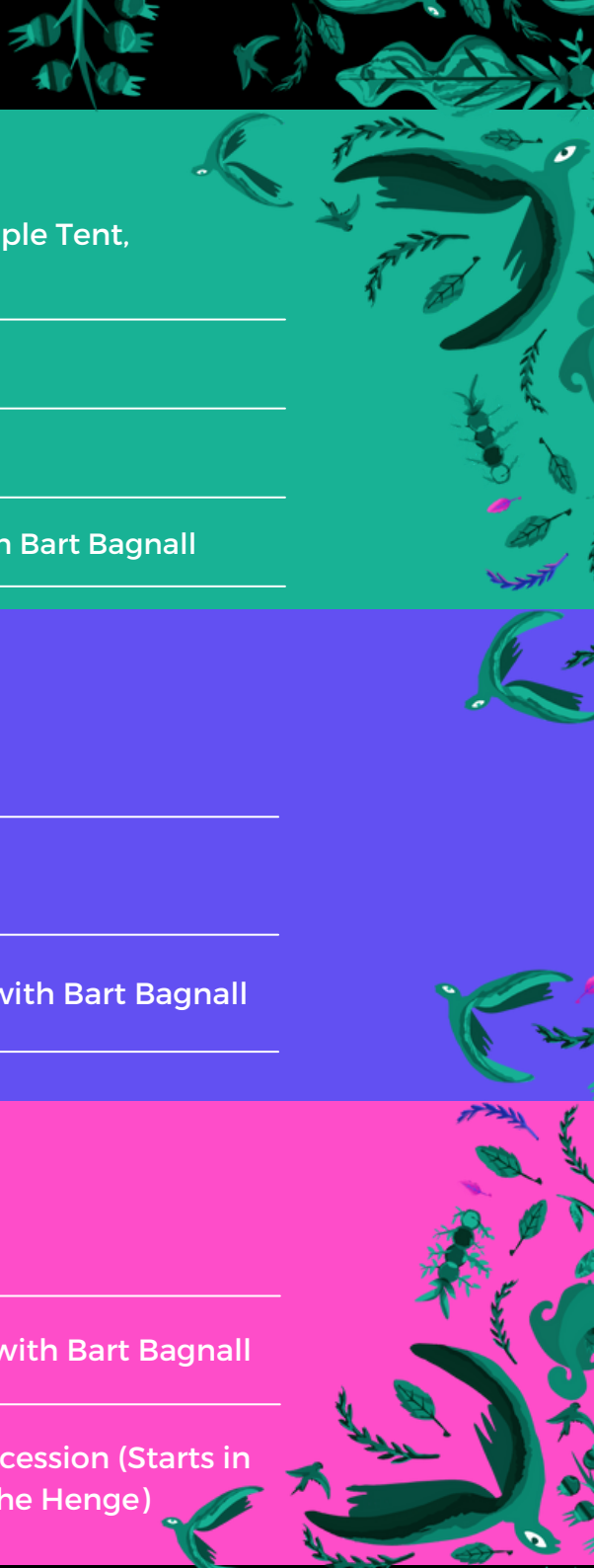
14:00 Didgeridoo Workshops with Bart Bagnall

SUNDAY

12:00 Pyxies Circus Workshops

14:00 Didgeridoo Workshops with Bart Bagnall

21:00 Closing Ceremony & Procession (Starts in Temple Arena, ends at the Henge)



DUB CORNER

Dub Corner micro-venue (and cafe) has become an iconic destination for dedicated fans of Dub, Roots, and DnB music at Unearthed festival – 2023 will be no different!

The Unearthed SoundSystem powered micro venue which is nestled at the heart of the Festival site was established in 2021.



FRIDAY

10AM Jacob White

12:00 Steve J Rad

13:00 Pen Dub

14:00 Jus Garner + KoupZKami

15:00 HardPressed Hifi

16:00 Vibrant Dub

17:00 Intergalactic Space Kitty

18:00 Five

DUB CORNER

FRIDAY



19:00 One_Z

20:00 Vicetrack & Crawler

21:00 FFlowzy

22:00 Uncle Funk

23:00 MegaTriksz

00:00 Ozimu Sound

01:00 S.W.I.D

FRIDAY - SILENT DISCO

02:00 TYF B2B

03:00 Rotta

04:00 Maximillian

05:00 Close

DUB CORNER

SATURDAY



10AM Jiva H Tao

12:00 Jacob White

13:00 Emmanuel Annang

14:00 Emmanuel Annang

15:00 Uncle Funk

16:00 Hugo Da Boss

17:00 La Loba

18:00 Derw Tha Damaja

19:00 Kodiak MC + Porkscratchings

20:00 M-Pawer

21:00 Intents

22:00 Flowmadic

DUB CORNER



SATURDAY

23:00 Shire Roots

00:00 Wounded Healers

01:00 Martin Kinnear

SATURDAY-SILENT DISCO

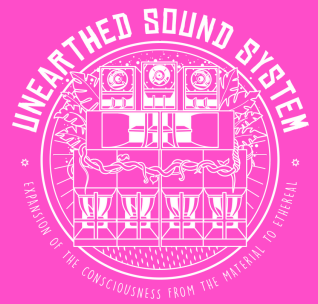
02:00 CMOA

03:00 Socks

04:00 Guest

DUB CORNER

SUNDAY



10AM JIva H

12:00 Tribute to Jah Skaka (multiselector)

13:00 Emmanuel Annang - Djembe

15:00 Steve J Rad

16:00 La Loba

17:00 Derw Tha Damaja + Shire Roots

18:00 Idris Sound

19:00 PenDub

20:00 Jus Garner + KoupZKami

21:00 HardPressed Hifi + Baba Ras

22:00 SattaMan

23:00 Idris Sound

SPEAKEASY

Ladez and Gentles. Welcome to Uearthed's sparkling NEW Speak Easy tent! Your pleasure is all ours for 3 days of comedy, theatre and inspirational talks! With theatre from no other than the beloved MSG cabaret , National Theatre Wales Team, The Frek Show Society and The Church of Phil...stand up comedy including hilariousness from Claire Ferguson Walker and so much more - you just wait! Not to mention children's theatre and workshops and a host of people who will talk about stuff that will make you want to pick up your shovel and start digging for victory or more to the point, revolutionary 21st century lushness of life! We welcome you with open arms!

FRIDAY

19:30 Stand up comedy evening with comedians Claire Ferguson Walker as compare and the bloody funny and often award winning Josh Elton, Sarah Bridgeman and Phil Cooper

20:30 Headlining the Comedy night is Johnny Fluffy Punk Acclaimed stand-up poet, storyteller, lo-fi theatre maker, sustainable nihilist and a voice for anarchy. Defiantly not one to miss!

21:30 **Moses Mendoza** - Raised in the west of West Wales, Moses Mendoza has been around the world and is back again, bringing good time, global carnival cuts with him. Expect Latin flavas, Afro styles, Bashment beats, Brazilian bass and everything in between on the decks.

SPEAKEASY

SATURDAY

10:00 Tickle Tunes offer preschool music events and classes, perfect for young musicians and their grown ups!

11:00 Limelight School for Performing Arts presents: Lucie and Angharad's exciting jungle themed drama performance workshop for little people!

13:00 LD Production presents 'The Case that Occurred at Cromwell Manor'. A story of friendship, betrayal, and heartbreak.

14:30 The Frekshow Society WORKSHOP! You fantastically strange and beautiful beasts... release your Freak!

16:30 8 out of 10 Hippies. A comedy panel game show hosted by comedian Clare Ferguson-Walker with panel members Josh Elton, Sarah Bridgeman and Phil Cooper and Johnny Fluffy Punk

SPEAKEASY

SATURDAY

17:45 Fire Donkey productions their gleefully absurd cult smash euphoric comedy Church of Phil, an immersive 4th wall-breaking experience about a Pembrokeshire cult who live on a caravan park and worship a former child star from a 90's pharmaceutical advert.

19:00 MSG cabaret! The Wild West is a-callin! And your favourite gals invite you to the Hen House Saloon for a show that will tickle your bid and loosen your bonnet. Singin' and a dancin' and a whole lot of naughty FUN!

21:00 The Frekshow Society: ROLL UP! ROLL UP! BEAUTIFUL FREAKS! Gather round for a celebration of this absurd existence. A coming together of all shapes and sizes to dance our unique dance for you all to see with an array of circus skills, burlesque, clowning and bizarre talents from far and wide. ROUGH N READY CABARET: LET'S MAKE MAGICK!!

SPEAKEASY

SUNDAY

National Theatre Wales TEAM Take over. Throughout Sunday at the Speak easy Tent, NTW TEAM will hold a series of talks & workshops surrounding community collaboration and the power of connection. There will be a screening of Film Maker Gavin Porter's most recent documentary, Sea Empress 25. It's about the community response to the Sea Empress disaster, 25 years ago. Made as part of #NTWteam

10:00 **Talk by Caia Cappasso.** An interactive thought provoking talk on my journey to understand where we are as a species and "whole hue healing"

10:30 **Oshi Owen - What we hide in the Shadows.** Life coach and songwriter Oshi Owen delivers a talk surrounding the shows within and how we communicate ourselves to the wider world.

11:00 **Sam Charlesworth** ADHD & Adventure

11:30 **Talk by St David's Artist Ben Lloyd** on his recent installation and research project Gwales, an immersive installation of a fictional narrative of a group of people who, after years of being priced out of their family homes, have tunnelled into a stack of big bales to create the new home of Gwales. From what's at hand they try to re-create their culture. The title Gwales, is taken from the Mabinogion and features Bendigeidfran within a section known as 'The Assembly of the Wondrous Head'.

SPEAKEASY

SUNDAY

12:00

Island Records Talk: Marc Marot, the former managing director of Island Records ran every division of the business over an 18-year period. During that time, it became deeply ingrained in Marc that the signing of great music was not just a commercial enterprise, but it was a social and cultural one too. This record label has done much to push the boundaries from Bob Marley to N.W.A. and it's time to celebrate its success.

13:00

National Theatre Wales TEAMS continue with films and workshops and talks from a variety of artists, practitioners and activists from across Wales including: Angharad Tudor, Rachel John, Cara Gaskell & Kerry Steed.

16:00

Singer-Song writer Robbie Price will be closing the Speak Easy tent with some acoustic belly-belting bangers as well as music from singer-songwriter Oshi Owen.



To all the creative crumpets of this universe who aspire to awaken their divine inner child through some magical mischievous mayhem; the Comic Cwtsh will guide you through an inspirational journey of joy and rumbustious tranquillity to engage with the colourful bouncy squish of psychedelic vibes with no need for navigating your brainspace into the cosmos. The venue is the result of the coming together of closely linked musical tribes from West Wales who revel in an open-eared approach to all psychedleic and life-affirming music. All artists are giving their time for free and for that we are truly grateful, and ALL of them are most excellent and masters of their craft. From neo-folk and ambient soundscapes, through jazz and international dance beats to hip hop, house in all it's variants to techno, psychedelic trance and jungle, we have it covered. The only question left is and will be forever more.... "Can I dress up as a spaceperson?"

COSMIC CWTSH



FRIDAY

13:30 Becky Bullet & Joe Caswell

15:00 Nathan Stardust

16:00 Huga Da Boss / Wozza Woz

18:00 The Back Room - Simon LLOYD

20:00 Horton Jupiter

22:00 Wizard & Woops

00:00 Moonshine

01:00 SPOT_DA_RACKITT

02:00 Helios

SATURDAY



10:30 Jungle Breakfast with Tell your Friends

12:00 My Friend Andy - Sonic Sounds

13:30 Drift

14:30 Purple Acid Project

16:00 SonicSmudge

17:00 Boxheater Jackson / Big Vern Burns

19:00 Moss Collectiv - Ceremony / Eshalon

20:00 Moss Collectiv - Bluesky Sounds

21:00 Moss Collectiv - Tianitak

22:00 Moss Collectiv - Little Mo

23:30 Moss Collectiv - Lusärdi

01:00 Moss Collectiv - SonicSmudge

02:30 Moss Collectiv - Vegetable Matrix

SUNDAY



10:30 Jungle Breakfast with Tell
your Friends

12:00 Blank Canvas

12:30 Geoffungus

13:00 Nathan Stardust - Balearic

14:00 Lusärdi

15:30 Omega Rose

16:00 Samana

17:00 Nathan Stardust

18:30 DJ Sal

20:00 Johnny T

21:30 Arwenvarda

22:30 DJ Confirmed

00:00 Silent Disco - Featuring: DJ Parasite,
Pete TSD, Professor Jo & More

00:00 Acoustic Fireside Session

KIDS & YOUTH

There are several tents for the Kids & Youth to enjoy activities in their own spaces, as well as the range of activities going on throughout the festival that kids & teens can join in with. For 12s & under there is a Kids Activity tent with recycling crafts, bushcraft, yoga, jewellery making and much more scheduled to run from Friday to Sunday. A Kids Quiet Tent offers a quieter space for kids and parents with colouring and crafts, soft play and balloon modelling. The Teen Tent offers activities and an evening space for kids aged 13+ with more workshops including dance, teen jewellery making and crafts. All activities and their times will be displayed on boards outside the tents.

Please check the boards outside of the kids tents for up to date timings

FRIDAY - KIDS

10:00 - 12:00 - **Toad in the Hole Crafts** - Make a delightful handheld animal wonder woven with wool on a small wooden frame.

12:30-14:00 - **Clay Creature Making** - Gather your natural materials from around the site and use your creativity to mould them into a woodland creature.

14:30 - 15:30 - **Breathe in Yoga - Family Yoga.** Weaving story with yoga postures, fun, lively sessions, for all the family.

FRIDAY - KIDS

Jewellery Making. Come and make your own tassels to

15:30 - add to jewellery, earrings, necklace, bracelet or Anklet. All

17:00 beads and tools provided, come and make what you like in the session.

FRIDAY - TEENS

Upcycled craft workshops with Trash Panda Collective -

10:00 - The Trash Pandas are a group of artists and performers

12:00 who are passionate about upcycling and eco-friendly crafts. Details of each workshop will be shown on the board outside the teen tent each day

Jewellery Making. Come and make your own tassels to

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FRIDAY - TEENS

**13:30-
14:30**

PLANED CWBR Youth - You are the FUTURE - help create it! Young people of Uearthed - Assemble! Your passion and energy have the power to shape the future - get creative and show us the World you want to live in - whether its our planet, our communities and society or even the Uearthed you'd like to see, spend a little time sharing your vision!

**14:30-
16:30**

Upcycled craft workshops with Trash Panda Collective - A group of artists and performers who are passionate about upcycling and ecofriendly crafts. Details of each workshop will be shown on the board outside the teen tent each day

KIDS & YOUTH

SATURDAY - KIDS

10:00-12:00 **Make your own Dreamcatcher - Making a beautiful willow dream catcher.** Creative workshop for kids and adults making a willow dream catcher. Children under the age of 8 may need an adult to help them as fine motorskills are required. All materials provided. Choose your colours, choose your beads, choose your feather and make a unique dreamcatcher!

12:30-13:30 **Jewellery Making.** Come and make your own tassels to add to jewellery, earrings, necklace, bracelet or Anklet. All beads and tools provided, come and make what you like in the session.

13:30-14:30 **Poi Making** - Come and make a set of poi using recycled fabrics and softfillings. Enjoy some poi practice outside once you have made your set.

14:30-15:30 **Breathe in Yoga - Family Yoga.** Weaving story with yoga postures, fun, lively sessions, for all the family.

15:30-16:30 **Toad in the Hole Crafts** - Use your imagination to weave an animal or charm using wool and a simple lollypop stick frame. Suitable for children of all ages.

SATURDAY - KIDS OUTSIDE

14:30-15:30 **Broadleaf Forest School - Art From The Fire.** Creative activities using fire to make materials. You will be invited to help light the fire using a flint and steel, turn green wood into charcoal once the fire is lit and shape and cook clay beads. When they're baked you can draw a picture with the charcoal and make a bracelet/necklace with the beads. Enjoy some dairy-free hot chocolate in the middle whilst waiting for the fire to work it's magic!

Aimed at children 5ish - 11ish.

The session is limited to 15 children per session.

Meet outside the Kids activity Tent.

SATURDAY - TEENS

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KIDS & YOUTH

SUNDAY - KIDS

**10:00-
11:00**

Clay Pendant Making - Gather natural materials from around the site - and use your creativity to make a nature pendant.

**11:00-
12:00**

Ambition - Modern dance workshops. Come and explore rhythm and movement and learn new ways you are able to express your body through the beauty of dance.

**12:30-
14:30**

Make your own Dreamcatcher - Making a beautiful willow dream catcher. Creative workshop for kids and adults making a willow dream catcher. Children under the age of 8 may need an adult to help them as fine motorskills are required. All materials provided. Choose your colours, choose your beads, choose your feather and make a unique dreamcatcher!

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14:30-15:30 **Breathe in Yoga - Family Yoga.** Weaving story with yoga postures, fun, lively sessions, for all the family.

SUNDAY - TEENS

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-
- 13:30-14:30** **Amber Orchid holistic therapies - Jewellery Making.** This year youngsters will be able to make their own tassels to add to jewellery, make a whole set, earrings, necklace, and bracelet or anklet... I will bring a variety of beads and all the tools they will need!
-
- 14:30-16:30** **Upcycled craft workshops with Trash Panda Collective -** A group of artists and performers who are passionate about upcycling and ecofriendly crafts. Details of each workshop will be shown on the board outside the teen tent each day
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FREEDOM STAGE

The Freedom Stage - revamped following the top of the tent nearly blowing off with the good vibes last year. As ever, where budding performers of all varieties can get up and perform, with space kept for impromptu buskers during the day. Now extended to include 4 hours of DJ's and full power mult performer knees up joy taking us through to closing time.



FRIDAY

Venue Lighting by SPACE
lighting

18:00 Northern La's

19:00 Didge Beat George

20:00 Morgan Elwy

21:00 DJ Gabrielle

00:00 Old Time Sailors

SATURDAY

Venue Lighting by SPACE lighting



12:00 Ross Gurney

15:00 Twmpath (Peni Ediker)

16:00 Sylvie and the Wolves

17:00 Colin Manson

19:00 Didge Beat George

20:00 Fox Palmer

21:00 Worm Soundsystem

00:00 TLK Amience

01:00 Old Time Sailors

SUNDAY



12:00 Preseli Voices Workshop

13:00 Will Livermore

15:00 Preseli Voices Performance

16:00 The Big Sky

17:00 Evolution of Fishermen

18:00 Cantorion

19:00 Abbie Jebbers

20:00 Ushti Baba

21:00 Arwen Varda & Axis

WORKSHOP CORNER

Situated in the main arena, with sessions lasting between 1-2 hours, workshop corner houses a plethora of activities from metal working, drumming and didgeridoo to body awareness and movement, sessions on birthing, homeopathy, renewable energy and an eclectic mix of topics and activities to engage the mind and body. Want to learn something new? Head over to workshop corner.

A Pretty Penny - Coin Cutting Workshop. My workshop teaches folks how to make pendants and badges out of old coins, which they get to take home in a wearable state. I provide about 10 different designs to choose from and can teach up to 8 people at a time. **Takes between 2-4 hours - 3 per day.**

Coconut Shy - Providing free entertainment/activity directed at children but people of all ages are welcome. They are welcome to play all day hitting coconuts with beanbags while having a laugh.

Emmanuel Okuni Annang - African Drumming & Dancing. Emmanuel's tantalizing drumming and dancing workshops are a must here at Uearthed. If by some chance you have never joined in before be sure to do so this year. Emmanuel gets beginners, intermediates and the experienced drummers and dancers joining in together as one. You are sure to come away energised and relaxed at the same time with a huge smile on your face.

Milkwood Works - Bowl Turning. Turn wooden bowls on a traditional foot powered lathe using hand forged tools the it was done many hundreds of years ago. Sustainable crafting

WORKSHOP CORNER

The Juniper - Hand Crafted Boardgames. We offer a space for people to come and unwind, relax and to play handcrafted board games with their friends and loved ones. Scattered around are also percussion instruments for those impromptu jams. You can enjoy a juniper tea whilst you are with us.

Cornerwood - Gypsy Flower making & Polelathe experience. Come along and book yourself in for the wonderful green wood experience of making a wooden flower on the shave horse with the traditional tool of a draw knife. Or have an introduction to the pole lathe and enjoy learning how to turn using a foot powered lathe. Tracey and Ian not only work themselves as greenwoodworkers locally they too have been teaching for a number of years and would love to see you. **Can be found in the Temple Arena**

TRADERS

Unearthed wouldn't be same without the curiosities brought by our team of stall holders. With offerings ranging from hand made clothes to art, instruments such as didgeridoos, drums, cigar box guitars, tribal clothing, festival essentials, jewellery and more. We aim to keep each stall unique so that in general we reduce 'competition' and fuel diversity. The stall holders put a lot of time and love making and sourcing their stalls, so please do support them. There is no cash machine on site, however cashback is available at the bar.

PAUL COOK

NOMADS

EMBODISM

OFF THE RAILS

LYNETH ALLEN

UPAYA GLOBAL

CALLUNA CLOTHING

LIFEQUAKE PROJECT

DAN HUNT WOOD WORK

CUTTLE FISH CREATIONS

LYNN CHARLTON-BLORE

WHOLE FOODS OF NEWPORT

JAMUNA JOHNSON (FACE PAINTING)

ALICE DUNN

WOOD ART

TREESTYLERS

AMORA MEZTLI

JANS JUST USED

THE PICKLE PUSHER

EARTH RISE DESIGNS

BEEZAAR CLOTHING

FOOD & DRINK

The Food Souk is the go to area in the Main Arena for your culinary delights, though there will also be a cafe and sweet treats available in the Temple Arena. This year we have a great selection from new and returning traders. Still 100% vegetarian, there's something for everyone.

PIZZA AMORE Wood Fired Pizza

NO FRICKEN CHICKEN 100% Vegan Fried Chicken

VEGAN CURRY KITCHEN Authentic Indian Street Food

NO CATCH Vegan Fish & Chips

SHARE MIDDLE EAST FOOD Middle Eastern

ICE GREEN Hand made Vegan Ice Cream

PANCAKE PARADISE Vegan & Gluten Free Pancakes

GO BERRY JUICE BAR Juices, Smoothies, raw cakes

VINTAGE CINEMA

Visit Unearthed's Vintage Cinema, to rediscover the roots of this everyday art form. Our pop-up Picture Palace will entertain you, inform your mind, and expand your consciousness, whilst your body relaxes in a place away from the festival hubbub.

Join us in the spirit of the first cinemas. Invented in 1896, showmen quickly added this mind-expanding technology to their travelling fairs... cinema was born as a fairground sideshow.


As authentic to its' roots as we can go, our cinema is housed in a vintage 1976 canvas marquee. Its' red and white stripes harking back to the glory days of travelling shows. With the smell of old canvas and popcorn, step out of the bright sun (we hope) into the dimly lit projection hall. Come together to marvel, learn or laugh; you'll be experiencing something close to those early cinema goers.

Unearthed's Vintage Cinema's varied programme will include big productions and little-known treasures, Welsh and foreign language films, shorts and documentaries, great art and trips into cinemas' dirty underbelly. Special Features include 3D B-Movies at Midnight and mystery screenings, whilst Sunday night's vintage showstopper will time warp us to another dimension - with a prize for most appropriately dressed!

So you know when to go, the general structure will be:

- Brunch with Family Films
- Afternoon Unearthing Learning
- Evening Main Feature
- Midnight Oddities

Some seating provided, feel free to bring your own extra comforts, remember evenings can get cold. Please check the boards for full schedule, mid morning till the wee hours.



TEMPLE ARENA

Temple Arena returns for the second year, providing a free weekend long wellness retreat to festival goers.

A place where self-care is key and everything from pioneering global dance movements to meditation are available to help soothe your soul, Temple Arena is more like a dynamic wellness retreat and spa than an all night party.

From hot tubs and saunas (FREE to use throughout the weekend) to cacao ceremonies, sound baths, pilates, improvised dance and much, much more, Temple Arena helps remove the stresses of daily life and lets festival goers find their own inner peace.

And did we mention it's programmed from 7am-2am? Whether you're a lark or an owl find a rhythm that suits you (and why not try the world acclaimed 5-rhythm dancing while you're at it?)

The Sacred Fire also known as 'Tan Tipi' will be a held fire space throughout the weekend. Magic Teapot will be brewing up some vibes 24hrs, found this year in a new position alongside the new Crew Craft Corner"

TEMPLE TENT

FRIDAY

10:00 **Qigong** - Explore the Yin and Yang Qigong styles within the Shaolin system. Discover grounding, oneness and a connection to source energy through ancient breathing techniques, subtle and strong postures and seated meditative practices.

11:00 **Opening Ceremony**

11:30 **Rick Nodine - Contact Improvisation.** Contact improvisation is a dance technique in which points of physical contact with a partner provide the starting point for exploration through movement improvisation.

13:15 **Earth Voice Arts - Vocal workshop**

14:15 Come and Join Hoppi Ula & Imogen in weaving sonic magic with Fire, Earth, Air, Water and Ether. Lift up your voices in Mandalas of Sound

16:00 **Alex Mackay & Joe Caswell - 5Rhythms: Dance Detectives** - let's begin the investigation with clues to which of the 5Rhythms is our own home rhythm, our unique place in the map: where to shine and when to rest, and how the 5Rhythms can support us in many ways. Curiosity is vital

FRIDAY

18:15

Bhakti Ananda - Kirtan. Celebratory Kirtan and Mantra chanting with Bhakti Ananda. Ecstatic singing and dancing to the Divine with beautiful sacred music. Join this Kirtan event where we will be chanting and singing mantra and bhajans in Sanskrit from the ancient teachings of India.

20:00

Cacao Ceremony with Deya Boschetti & CacaoAmor Family. Served by the wildly loving Deya, Cacao Sorceress and Founder of CacaoAmor. We will connect with the power of our hearts, vulnerability, joy and pleasure.

21:45

Indigo Latto - Ecstatic Dance. Come to Indigo's Ecstatic Dance and move together! We dance to global happy melodies and funky rhythms! Consciously connecting as one joy filled mass of dancers, celebrating how amazing we really are! Simply dancing ecstatically, wild and free!

00:00

Meditative Soundscapes - GROK. A mix of live and selected ambient music and audio reactive projection and lighting offers a sensually rich and meditative space to focus and decompress at the end of a hard day's partying!

TEMPLE TENT

SATURDAY

10:00 **Laughter Yoga**

11:00 **Gratitude Ceremony**

11:30 **Rick Nodine - Contact Improvisation.** Contact improvisation is a dance technique in which points of physical contact with a partner provide the starting point for exploration through movement improvisation.

13:00 **Bonnie Medicine** - Bonnie Medicine is a singer, songweaver and medicine musician from Scotland, who's unique song and sound is inspired by both her own celtic lands and with those of the jungle, the east, and the americas.

14:00 **Shivam O'Brien - Storytelling.** Shivam will unleash a Russian Fairytale in his uncompromising evocative style, and talk about the work of Spirit Horse, the wildest retreat place in Britain and the importance of finding the wild and natural in people, culture, land and tribe.

SATURDAY

16:00

Alex Mackay & Joe Caswell - 5Rhythms: Summer Breeze - learning from what is effortless and helps us feel free. Valuing delicious dances when we can put down burdens, avoid the shoulds, and shapeshift into something new

18:15

Tallulah Rendall - Tallulah is a world-renowned Singer-Songwriter, Sound Therapist and Creative Facilitator she has released and toured six albums worldwide:

20:00

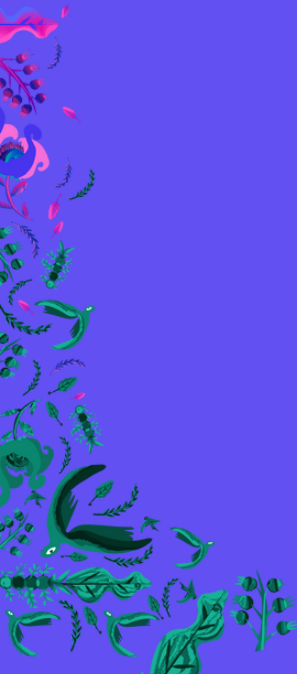
Bear Love & Shion - Soundbath / Transformational Sound Immersion with the Golden Gong. Bear Love and Shion Buschner will be holding a transformation sound immersion with the Golden Gong. They share a sacred life of which their sound medicine is an expression of their hearts and their love.

21:45

5Rhythms: Cathedral of Bones - Alex Mackay and Joe Caswell. This session follows optional body painting! "We don't spend enough time seeking in the cathedral of bones for the poetic" Gabrielle Roth speaking about how often we relate to each other at a superficial level. In this dynamic dive into the 5Rhythms, we will become curious about our differences, and how to meet the soul in each other and ourselves. Affirming the mysterious and poetic, the shared humanity embodied in the spine and ribs, fingers and toes.

SATURDAY

00:00 **Meditative Soundscapes - GROK.** A mix of live and selected ambient music and audio reactive projection and lighting offers a sensually rich and meditative space to focus and decompress at the end of a hard day's partying!



TEMPLE TENT

SUNDAY

9:00

Qigong - Explore the Yin and Yang Qigong styles within the Shaolin system. Discover grounding, oneness and a connection to source energy through ancient breathing techniques, subtle and strong postures and seated meditative practices.

10:00

Rick Nodine - Contact Improvisation. Contact improvisation is a dance technique in which points of physical contact with a partner provide the starting point for exploration through movement improvisation.

11:45

Soul Reclamation with Jules Wingfield. An experiential relational encounter on the theme of Belonging. So many of us are expressing a feeling of being lost in our lives, without deep meaning and just ticking along surviving. Many of us long to be part of community or to our 'tribe' and to feel we're welcome, that we have a place, that we are cared for and loved and have a sense of meaning to our lives. Our modern lives can leave us feeling alone, overwhelmed, isolated or over giving.

SUNDAY

Suzi MacGregor - Vocal discovery and song workshop.

14:00

Fall in love with your voice. This inclusive, welcoming, and fun workshop will help you discover and deepen a relationship with your voice, connect with other's voices through song, and experience singing in harmony! You'll get to take away your own personal 'voice map' as Suzi guides you through a vocal discovery

5Rhythms: Compassion in Action - Alex Mackay and Jo

16:00

Caswell. Our capacity to inhabit our deep, loving selves expands as we give our attention to the changing truth of the moment. Seeking out 5 different forms of compassion as an active, dynamic movement practice.

Bhakti Ananda - Kirtan. Celebratory Kirtan and Mantra chanting with Bhakti Ananda. Ecstatic singing and dancing to the Divine with beautiful sacred music. Join this Kirtan event where we will be chanting and singing mantra and bhajans in Sanskrit from the ancient teachings of India.

TEMPLE TENT

SUNDAY

20:00 **The Lammas Groove** - The Lammas Groove is a quartet of talented Women playing music inspired from the heart of Nature and Life. Creating sonic magic with Orchestral Harp, guitars, shamanic drums, udu, Ngoni, percussion and vocal harmonies ... these songs resonate deeply in the hearts of all that hear.

21:00 **Closing Ceremony**

22:00 **Meditative Soundscapes - GROK.** A mix of live and selected ambient music and audio reactive projection and lighting offers a sensually rich and meditative space to focus and decompress at the end of a hard day's partying!

GWYNVYD



A space of deep Healing and Liberation; with host of facilitators and workshops. Holding space for you to step into and connect to your deepest inner workings to heal, transform and realign. Working in the balance of our divine Feminine and Divine masculine, through the medium of music, sound, breathe, movement and meditation. Gwynvyd will also be a healing Space for our therapists providing everyone an opportunity to relax, and tend to their bodies, mind and spirit .

FRIDAY

Emotionwise - Navigating conflicts using a compassionate framework. We'll demonstrate how everyone can get heard

10:30

& know they matter, using a framework to restore relations & create solutions to consider everyone's needs. Learn a practical & whole different approach to welcome conflict.

Neuroscience of Flow States with Anthony Palacin.

11:40

It turns out that flow states are trainable - and anyone (regardless of age, gender, cultural/ethnic/background origins, etc) can learn it because it's based on the fact that we all biologically function in the same ways.



13:00

Beyond the Mother wound - Our body is Art. Breast Casting: A workshop for women or bodies with female anatomy. Some nudity Involved. Celebrating the body by seeing it as art, while reframing messages we heard from our mothers that we may have internalised as children and teens.

15:30

Anushana Wren- Earth Healer, Self Healer. The Ancient art of Earth Healing, Energy Lines, Sacred Toning and Transcendental Awareness. A circle, talk and group meditation practice, focused upon the personal awakening path in relationship with the wellbeing of the world. The doors will be closed part way through this sharing for an uninterrupted deepening of the participants into meditation techniques and knowledge. Those who feel drawn are encouraged therefore to come on time. The doors will be closed part way through this sharing for an uninterrupted deepening of the participants into meditation techniques and knowledge. Those who feel drawn are encouraged therefore to come on time. "The wind whispers in the trees not to underestimate what you are"

17:45

Shanna Mandira - Our Sacred Earth Meditation - Sacred Earth, Dance and Shake. 'Our Sacred Earth Meditation' is a Dance Shake Meditation an active movement meditation to uplifting music to bless our Sacred Earth!



07:45 **Surya Namaska Yoga Sun Salutations.** Starting with Deep breath awareness + slow movement and gentle warm ups to get our human creature ready for a flowing sequence to wake the body up, finishing with relaxation.

09:00 **Qiphyso - Mens Health Qigong: Awaken the Divine Masculine.** Shaolin Monks have bodies of Iron, Minds as sharp, vibrant and resilient as Diamond and are overflowing with energy. A special workshop for men to explore your inner and outer strength, harness and develop sexual energy and develop deep roots and foundations. An exploration of powerful breath, meditation and hard Qigong techniques.

10:15 **Well Mama Birth Circle - Women and Children.** Gather around the hearth and heart with WellMama, to share stories of Birth and Beyond - Welcome to our nurturing space to share and witness tales on the journey of the Childbearing Year and beyond

13:00 **La Luna Devi - Shakti moves through the Sacred sounds of the womb.** A facilitated movement to awaken the 8 gates of the womb. Using the sacred sounds of the womb.



14:45 **Cha Dao - Zen Tea Ceremony.** Steep into the ancient practice of Chao Dao- The Way of Tea. Sit in silence. Tune into listening to your senses without judgment. Allow yourself to be free and open your heart space as you welcome the host, Chajin(tea person) to serve a living tea full of Qi.

16:30 **Regulation - The Embodied Nervous System**
Understanding our survival responses- finding regulation, flow, joy and delight! Understanding our survival responses. Exploring the role of the autonomic nervous system in terms of stress and using a range of embodiment techniques to support self regulation, finding balance, joy and connection. Techniques include breath, body based exercises and movement.

18:00 **Daniel Onnen - Mens Circle Integrating the inner Masculine and Feminine** - Using exercises, somatic practices, group encounter and sharing, together we can explore the gendered and universal qualities of how these 2 energies play out in our lives and within us. Awareness of a non-dual, wholeness and unity of consciousness can help us to deeply appreciate the subtleties of who we are in the world in relation to our sex, sexuality and gender

19:15 **Auroom Life - Psychedelics for Transformational Addiction Recovery.** Learn about transformational addiction recovery and how psychedelics can be used to catalyse change. We will discuss sacred medicines like Psilocybin, Iboga, Ayahuasca, and Mescaline, as well as synthetic tools such as MDMA and Ketamine. Learn why preparation and integration of the experience is the key to successful transformation and recovery.



SUNDAY

Yoga With Gemma - This is your 'feel-good' session. It is an opportunity to feel strong and empowered, whilst also decelerating your practice to feel relaxed and grounded.

07:45 'Soften' is a vinyasa-yin-restorative fusion, including nourishing stretches, breathwork, meditative relaxation and slow flow with emphasis on simplicity, breathing and ease of transitional movement.

Red Tent Facilitators - A Meeting with Rose - The most gentle and Generous of plant teachers. Stretches, sharing followed by Rose Tea & Rosey Treats.

09:00

Daniel Onnen - Mens Circle Inner Androgyny - A deeper exploration of our Divine Masculine and Feminine. Using exercises, somatic practices, group encounter and sharing, together we can explore the gendered and universal qualities of how these 2 energies play out in our lives and within us. Awareness of a non-dual, wholeness and unity of consciousness can help us to deeply appreciate the subtleties of who we are in the world in relation to our sex, sexuality and gender

10:45

SUNDAY

Beyond the Mother wound - Our body is Art. Breast Casting: A workshop for women or bodies with female anatomy.

13:15 Some nudity Involved. Celebrating the body by seeing it as art, while reframing messages we heard from our mothers that we may have internalised as children and teens.

Mai Shamanic reiki - Shamanic journey to discover your Power Animal. Shamanic journey experience to discover your power animal. Come to join Emily Mai who leads the drumming and creates an empowering and fun activity to meet your power animal. Learn how to connect to your animal and it's special aspects that it offers you. Once you know what your power animal is you will always have support and assistance in your life, you just need to connect with your animal!

Introduction to Family Constellations. Family Constellations (aka Systemic Constellations) is a therapeutic process developed by Bert Hellinger, a psychotherapist. Inspired by his time in S. Africa tuning into tribes and their ancestors, Constellations works on an intuitive and analytical level, bringing to light, reframing and clearing blocks in your personal ancestral system.

Sacred woman Sacred world - Tanpura Soul Journeys and ecstatic death. In this circle Eartha will share the map of our souls evolution, through concious dying experiences. She will be using the ancient Indian instrument, the Tanpura to hold a sacred soundscape with guided mediation to the heart temple for the ecstatic journey of our soul..

17:30

GWYNVYD HEALERS



WYLDROSE TAROT

LUCIE HOMEOPATHY

SISTER OF THE SUN - BALINESE MASSAGE

LOTUS HUT AROMATHERAPY

EYE GAZING TENT

**MAYAN MASSAGE - ANCIENT MASSAGE TECHNIQUE FORM
THE ELDERS OF MEXICO**

WHOLE HUE HEALING - SOMATIC HEALING

**SACRED TOUCH MASSAGE - THAI YOGA MASSAGE AND
NATURAL FACELIFT MASSAGE**

EARTHA LOVE - 121 TANPURA SOUL HEALING

TAICYD HEALING - CBD MASSAGE AND REFLEXOLOGY

GWYNVD

RED TENT FACILITATORS

A practical bleeding space offers sanctuary to tend to the basic yet sacred need of menstruation. This space provides utilities to tend to our bodies with hygiene & dignity. Including an area to wash reusable sanitary products. This space can be used for the mere practicality of bleeding, or to engage in ritual in a tranquil space.



TEMPLE OF AMOR

A sacred sensuality temple space for all genders. A place to explore conscious sexuality, curiosity and relational authenticity. A safe space to join in practices such as Sex Magick, Tantric Communication, Sensual journeys, and share wisdom on Submission & Domination, Open Relating, Conscious Kink and sharing circles.

FRIDAY

10:00 **Twerkshop - Lucia Escuder-** In sacred silliness we will flow through a series of movement practices. If you've got a booty come and shake it! [@corazon.de.la.madre](#)

12:00 **Polyamory, ENM & Open Relating - Austin Douillard.** Exploring the world of conscious non-monogamy for the curious and bold. [@austindouillard](#)

14:00 **Self-Love Practice - Ankhkara Akasha.** Heart alignment meditation along with & Tantric somatic self-love practises. [@soulgasmic.ascension](#)

16:30 **Tantric Communication - Hugo Metcalfe.** Practices to express your needs with others authentically, whilst developing communication and intimacy. [@theadventurepsychologist](#)

19:00 **Erotic Mindfulness - Rosa Maxwell.** Being in the pleasure of the present moment, getting out of your head, into your body. No previous experience needed, just bring yourself and an open mind. [@rosamaxwell](#)

TEMPLE OF AMOR

SATURDAY

Navigating Boundaries & Consent - Austin Douillard.

10:00 Finding our edges, learning to identify and communicate boundaries. @austindouillard

BDSM Basics - Sarah Butcher. Discover the world of BDSM and co-create healthy, fun and exciting power exchanges in pairs. @sub.in.the.city

14:30 **Fulfilled Outrageous Desires - Eliza India Rose.** Identify your most audacious outrageous desires and learn how to articulate them . @eliza.india.rose

17:00 **BDSM Scene Setting. - Sarah Butcher.** For novices and aficionados to think outside the box and create exciting kinky scenes for play. @sub.in.the.city

19:30 **UV Partner Painting - Ariana Kireile.** We are all works of Art. Explore the ritualistic and sensual practice of painting your beloved. Get creative painting each other's bodies with our luminous UV body-paint 2hr. @letglo.official

TEMPLE OF AMOR

SUNDAY

08:00 **Ancient Egyptian Sex Magick - Kai Serpent.** Drawing on Ancient Egyptian practices to ignite and balance our masculine and feminine energies. @kaifeatheredserpent

10:00 **Couples Massage Workshops - Ariana Kireile.** Come lay hands on each other, explore touch and express intimacy with essential oils. @ariana_shakti_elementals

12:30 **Self Love Practice - Ankhkara Akasha.** A womb opening, heart alignment meditation along with Tantric somatic self-love practises and Breathwork. (Women Only). @soulgasmic.ascension

15:00 **Tantric Touch - Deya CacaoAmor.** Come join us in the sensorium, a sensory exploration of touch, communication, and intimacy. Bring a friend or come alone and awaken your sensual self. @cacaoamor @cacaosorceress

19:30 **Sex Magick - Rosa Maxwell.** Connect to your sexual energy and the power it holds to magnetise your dreams and manifest your desires. @rosamaxwell

20:00 **Slow Surrender - Eliza India Rose.** Explore arousal through the slowest... possible... movement ... & the exquisite intensity of s l o w pleasure to build a sustained erotic fire. @eliza.india.rose

HARE KRISHNA

FRIDAY / SATURDAY / SUNDAY

10:00

Guru Bhajan (Bengali) followed by Kirtan
(Hare Krishna Mantra)

10:30

Jaya Radha Madhava (Devotional Bhajan)

10:40

Reading and Talk from Bhagavad Gita

15:00

Harinama - Kirtan around the festival site

KIRTANS THROUGH THE DAY

19:30

Kirtan and reading from Krishna Book about
Lord Krishna's Pastimes when he came to the
Earth 5000 years ago. Traditional Bengali
instruments, Harmonium, mrdanga and kartels.

NEW FOR 2023

ROSE TEA TEMPLE

New for 2023 Rose Tea Temple can be found in the temple arena. A feminine held space open to all bodies, welcoming nourishing connection over ceremonial tea , music , and fire

Please check boards outside of tent for timings

MAGIC TEAPOT

Temple Arena

Found in the Temple Arena and back for 2023 the Magic Teapot is a fan and crew favourite. A Magical venue with a fire at it's heart, and a real piano around which we build our musical experience. Tea and Coffee served with real mugs. We stay open 24 hours and the vibe ebbs and flows and builds throughout the weekend. The fire, where kettles constantly simmer, draws people in, to join in with the music, or simply sit and enjoy the reach atmosphere,



TAN TIPS

Tan Tipi will be holding Sacred Fire space where all will be welcome to offer ones voices in celebration, prayer, joy and in service to love. Holding a safe space where folks can take time out from the hustle and bustle and find sanctuary and often a cup of Chai round the sacred fire. Tan Tipi will also be offering yoga, breathwork, storytelling and foraging and other sessions in the Tipi space.

FRIDAY

09:30 Gentle Yoga with Anya

14:00 Breathwork - with Adam & Yeshe

16:00 Seaweed Foraging Talk

SATURDAY

09:30 Gentle Yoga with Anya

14:00 Breathwork - with Adam & Yeshe

16:00 Jewels Winfield - Wombdala

TAN TIPS

SUNDAY

09:30 Gentle Yoga with Anya

14:00 Breathwork - with Adam & Yeshe

16:00 Arrow of intent - Making an arrow of personal power



OUR VALUES

- It's all about the vibe. No vibe No festival.
- A festival should be a celebration. We are not simply celebrating hedonism. Other festivals do that way better than us. Though we do love a good knees up!
- Music has a message.
- Themes of Non-Dualism, Non-Attachment, Impermanence and Interconnection are sacred to us.
- Emotions are infectious. We can change the world with a smile.
- Your background is of interest, but your NOW is more so.
- The best security is each other.
- Kids are fantastic moderators of energy.
- We see the next stage of human evolution being with our awareness of the physical and non physical, or simply put, the expansion of consciousness.
- Being sustainable in how we approach life is not something to shout about. Not being sustainable is just simply daft. We also know we can do better.
- Celebrate small steps. We are not perfect, but trying to be better individuals creates a better community and is a worthwhile endeavour. Les not beat ourselves up any more than necessary.
- Our Community is Global. Our Community is Local.
- We find our church in Nature, in inspirational conversation, when alone, on the dance floor!
- We are on a journey too.
- Don't believe anything we say. Experience it for yourself.
- Freedom can be hard to find. This is a good place to find it. One rule: Don't be a dick.

UNEARTHED FESTIVAL

16TH - 18TH JUNE 2023

NEAR ST DAVID'S - PEMBROKESHIRE

MUSIC

Dawn Penn Henge Mad Professor

Aleighcia Scott Da Fuchaman Scribes Waldo's Gift
Get The Blessing TC & The Groove Family tlk Xaman X
Los Pulpos Del Diablo Worm Soundsystem DreamFaerie 6161
Quanta Sky Barkers River Roots Stick In The Wheel Old Time Sailors
Faith I Branko Annie Gardiner Potts and Jammin Helios Rona Mac
Suzi MacGregor India Blue SattaMan Phil King Arwenvarda Samana
DJ Gabrielle Lammas Groove Richard Down Mari Mathias Omega R0se
The Back Room Horton Jupiter Wizard & Woops Ross Gurney Blueskysounds
Nathan Stardust Purple Acid Project Lusardi Eshalon Moss Collectiv
Little Mo Abbie Jebbers Fox Palmer Mike Chant Northern La's Wozza Woz
Tallulah Rendall Intergalactic Space Kitty Emmanuel Annang Drift
Tianitak SonicSmudge Syvlie and The Wolves My Friend Andy La Loba
Jake Madhatter Ushti Baba Blank Canvas Spott_Da_Rackitt Morgan Elwy
Evolution of Fishermen Cantorion DJ Confirmed Moonshine Geoffungus
Steve J Rad Will Livermore DJ Parasite & Pete Tsd Becky The Bullet Daisy B
Boxheater Jackson ProfessorJo Kuro and the Doobies vegetable_matrix
Fflowzy Uncle Funk Vibrant Dub Vicetrack & Crawler Derw Tha Damaja
M-Pawer FlowMadic Shire Roots Wounded Healers Gower Soundclash Five
Idris Sound Jus Garner HardPresses Hifi Grok Ozimu Sound One_Z Johnny T
Megatrikz SWID TYF B2B Rotta Maxamillian Hugo Da Boss Intents
Socks CMOA Martin Kinnear Jiva H Kodiak MC & Porcscratchings Pen Dub

AREAS

Steppen Roots
Cosmic Cwtsh
Dub Corner
Kids and Youth
Speakeasy
Church of Cha
Freedom Stage
Vintage cinema



Temple Arena
Gwynvyd
Magic Teapot
Sacred Fire
Temple Of Amor
Crew Craft Corner
Drenchtown
Massage & Healing

WORKSHOPS, TALKS & COMEDY

Yoga Meditation Sound Healing Ecstatic Dance 5 Rhythms Comedy Theatre
Procession Circus Green Crafts Kids Games & Activities Fire, Cacao, Zen Tea Ceremonies
Alex Mackay & Joe Caswell Rick Nodine Hoppi Wimbush Shivam O'brien Marc Marot
Bear Love & Shion Polyamory Workshops Slow Surrender Eartha Love Cubr Youth
MSG Show of Freks Fire Donkey Productions Kirtan Pete Indigo Latto Ben Lloyd
Sex Magik Sub in the City Contact Improvisation Tantric Touch Pyxies Circus
Twerkshop Self Love Practice Erotic Mindfulness Mens Circle Soundscape BDSM Basics
Johnny Fluffy Punk Claire Ferguson Walker Josh Elton Phil Cooper Sarah Bridgeman
Angharad Tudor Lonely Islands Taicyd Healing Rhys Qi Gong Mayan Massage La Luna Devi



UNEARTHED FESTIVAL

2023